

Upcoming Workshops

Living Well - South East Ontario

Living Well with Chronic Disease Workshop

Date: November 28th, 2017 to January 9th, 2018

Time: 1:00pm - 3:30pm

Location: 76 Stuart Street Kingston, Ontario

Host: Kingston General Hospital - Intensive Transitional Treatment Program (ITTP)

Phone: (613) 549-6666, ext. 7622.

Online Living Well with Chronic Disease Workshop

Date: January 8th, 2018 to February 12th, 2018

Time: 12:00am - 11:30pm

Location: Online ,

Host: Self-Management Program of Southeastern Ontario

Motivational Interviewing in Respiratory Health Care Workshop

Date: January 11th, 2018 to January 11th, 2018

Time: 12:00pm - 4:00pm

Location: 263 Weller Avenue, Kingston, ON Kingston, ON

Host: Self-Management Program of Southeastern Ontario

Phone: Clement at selfmanagement@kchc.ca

Motivational Interviewing in Respiratory Health Care Workshop

Date: January 12th, 2018 to January 12th, 2018

Time: 9:00am - 4:00pm

Location: 263 Weller Avenue, Kingston, ON Kingston, ON

Host: Self-Management Program of Southeastern Ontario

Phone: Clement at selfmanagement@kchc.ca