

Upcoming Workshops

Living Well - South East Ontario

Online Living Well with Chronic Disease Workshop

Date: July 9th, 2018 to August 13th, 2018

Time: 12:00am - 11:30pm

Location: Online ,

Host: Living Healthy Champlain / Vivre en santé Champlain

Phone: <https://ontario.enroll.selfmanage.org/>

Chronic Disease Peer Leader Training - 4 days (part 1)

Date: August 21st, 2018 to August 22nd, 2018

Time: 8:30am - 4:30pm

Location: 8 Richmond Park Drive Napanee, Ontario

Host: Self-Management Program of Southeastern Ontario

Phone: 613-542-2949 x1179

Chronic Disease Peer Leader Training - 4 days (part 2)

Date: August 28th, 2018 to August 29th, 2018

Time: 8:30am - 4:30pm

Location: 8 Richmond Park Drive Napanee, Ontario

Host: Self-Management Program of Southeastern Ontario

Phone: 613-542-2949 x1179

Living Well with Diabetes Workshop

Date: September 12th, 2018 to October 17th, 2018

Time: 9:30am - 12:00pm

Location: 91 Chemaushgon Street Bancroft, ON

Host: North Hastings Family Health Team

Phone: Angela Rail at 613-332-5692 ext. 231