

Upcoming Workshops

Living Well - South East Ontario

Online Living Well with Chronic Disease Workshop

Date: January 8th, 2018 to February 12th, 2018
Time: 12:00am - 11:30pm
Location: Online ,
Host: Self-Management Program of Southeastern Ontario

Motivational Interviewing in Respiratory Health Care Workshop

Date: January 11th, 2018 to January 11th, 2018
Time: 12:00pm - 4:00pm
Location: 263 Weller Avenue, Kingston, ON Kingston, ON
Host: Self-Management Program of Southeastern Ontario
Phone: Clement at selfmanagement@kchc.ca

Motivational Interviewing in Respiratory Health Care Workshop

Date: January 12th, 2018 to January 12th, 2018
Time: 9:00am - 4:00pm
Location: 263 Weller Avenue, Kingston, ON Kingston, ON
Host: Self-Management Program of Southeastern Ontario
Phone: Clement at selfmanagement@kchc.ca

Living Well with Chronic Disease Workshop

Date: January 17th, 2018 to February 21st, 2018
Time: 1:30pm - 4:00pm
Location: 26 Dundas Street West Napanee, ON
Host: Napanee and Area Community Health Centre
Phone: Jennifer at 613-888-6183

Living Well with Chronic Disease Workshop

Date: January 24th, 2018 to February 28th, 2018
Time: 1:00pm - 3:30pm
Location: 80 Catherine Street Trenton, ON
Host: Brighton Quinte West Family Health Team
Phone: 613-394-0770 ext.7 - Clients Only

Motivational Interviewing in Respiratory Health Care Workshop

Date: January 25th, 2018 to January 25th, 2018

Time: 12:00pm - 4:00pm

Location: 263 Weller Avenue, Kingston, ON Kingston, ON

Host: Self-Management Program of Southeastern Ontario

Phone: Clement at selfmanagement@kchc.ca

Motivational Interviewing in Respiratory Health Care Workshop

Date: January 26th, 2018 to January 26th, 2018

Time: 9:00am - 4:00pm

Location: 263 Weller Avenue, Kingston, ON Kingston, ON

Host: Self-Management Program of Southeastern Ontario

Phone: Clement at selfmanagement@kchc.ca

Diabetes Peer Leader Training - 4 days (part 1)

Date: March 15th, 2018 to March 16th, 2018

Time: 8:00am - 5:00pm

Location: 33 Benson Street Kingston, Ontario

Host: Self-Management Program of Southeastern Ontario

Phone: 613-542-2949 x1179

Diabetes Peer Leader Training - 4 days (part 2)

Date: March 22nd, 2018 to March 23rd, 2018

Time: 8:00am - 5:00pm

Location: 33 Benson Street Kingston, Ontario

Host: Self-Management Program of Southeastern Ontario

Phone: 613-542-2949 x1179